

# Sizing Chart

Thermo Under-Pants and Thermo Under-Shirt

## Unisex XS-S

**Damen / Female 36-40**  
**Herren / Male 44-46**

## Unisex M-L

**Damen / Female 42-44**  
**Herren / Male 48-52**

## Unisex XL-XXL

**Damen / Female 46-48**  
**Herren / Male 54-58**

